

Yoga As Healing Art



April 23 - 25, 2010

Starts Friday at 7pm and ends at noon on Sunday.

**Cost: \$375+GST before Feb 15
 \$425+GST after Feb 15**

Includes meals, accommodation, yoga and meditation sessions.

**\$200 deposit with registration directly with Pat at 403 933-5755
www.DiamondWillowArtisanRetreat.com**

Along with regular yoga practice, we will be exploring the less common techniques leading to longevity and zest for life.



*For more information please contact Jane at:
281-7553 or janesponiar@gmail.com*